

## Prayer After the Trip

“I will praise You, Lord my God, with all my heart and glorify Your name for ever; for Your love to me has been great: You have saved me from the depths of the grave” (Psalm 86).

Loving Father, thank You for the gift of being together today and for all Your many blessings during this trip. [Pause for a moment; pray silently in thanksgiving for any special conversation, activity, or feeling that is a source of joy.] You are good, O Lord, and You have shared Your goodness with us. You bring many nations together to unite in praising your name. Make us able and willing to do what You ask. May the people You call to your kingdom be one in faith and love. We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen.



High School Field Guide  
Universal Church

EpCot

# Prayer to Begin the Day

Today at Epcot, we'll explore what kind of legacy we want to leave. Thus we look to the saints, who provide an example of how to leave a legacy of faith and love.

## Litany of the Saints

The leader reads the beginning of each invocation and the closing prayer. All respond with the text in italics.

Lord, have mercy on us.  
Lord, have mercy on us. Christ, hear us.  
God, the Father of heaven,  
God the Son, Redeemer of the world,  
God the Holy Spirit,  
Holy Trinity, one God,

*Christ, have mercy on us.  
Christ, graciously hear us.  
have mercy on us.  
have mercy on us.  
have mercy on us.  
have mercy on us.*

Holy Mary,  
Our Lady of Guadalupe,  
Our Lady of Lourdes,  
St. Theodore of Amasea,  
St. Olaf,  
St. George,  
St. Berard of Morocco,  
St. Peter Baptist,  
Blessed. Kateri Tekakwitha,  
St. André Bessette,  
Cardinal John Henry Newman,  
Cardinal Ignatius Kung Pin Me,  
All you holy men and women,

*pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.*

Lamb of God, who takes away the sins of the world,  
Lamb of God, who takes away the sins of the world,  
Lamb of God, who takes away the sins of the world,

*spare us,  
graciously hear us,  
have mercy on us.*

Lord God, Let your Spirit guide our days on earth in the ways of holiness and justice that we may serve you in union with the whole Church, sure in faith, strong in hope, perfected in love. And when our earthly journey is ended, lead us rejoicing into your Kingdom, where you live forever and ever. Amen.



# Saints Around the World

Throughout the day you have been asked to recognize the presence of the gifts and fruits of the Holy Spirit, and to watch for 'saints' and 'Saints' around us in the park. November 1st is the feast of All Saints day . This day celebrates all who are in heaven—those who are formally canonized Saints, and the many saints in heaven today who are not formally canonized.

Below you see the pictures of the 3 Saints that appear in Epcot and saints from each Epcot country. Finally—is the place held for you—Dare to be a SAINT!



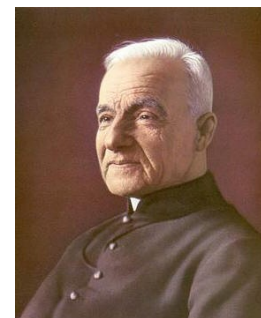
St. George:  
Pictured in Epcot's Germany,  
Known for Generosity



St. Theodore of Amasea:  
Pictured in Epcot's Italy,  
Known for Faithfulness



St. Olaf:  
Pictured in Epcot's Norway,  
Known for Right Judgment



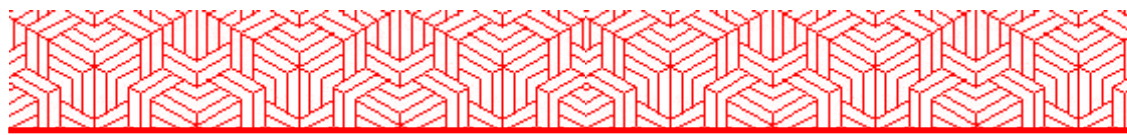
St. Andre Bessette: Canada,  
Known for Gentleness



Our Lady of Guadalupe:  
Mexico, Known for Love



What will you be known for?



# Saved in Hope Reflection Questions

Read and briefly summarize what Pope Benedict writes in the excerpt of *Saved in Hope* found on the preceding pages. Then discuss the following questions.

1. What are your hopes for your own future? For the future of the world?
2. Using examples from the encyclical, *Epcot*, and elsewhere, what are the advantages and dangers of modern technology? How does technology affect our relationships with each other and with God?
3. Do Pope Benedict's remarks apply to people of all cultures? In what ways are we all part of one human family?



Bl. Kateri Tekakwitha: USA,  
Known for Self-Control



Cardinal Newman: UK,  
Known for Wisdom



Cardinal Kung: China,  
Known for Courage

## DO YOU HOPE TO GO TO HEAVEN?

If you do, you are an **aspiring saint**; any person in heaven is a saint, canonized or not.

God calls each one of us to be **living saints** on earth, which means that He calls us to do His will in the ordinary events of our daily lives.

Most of us probably will not be officially recognized by the Church as Saints through canonization, but we must all strive to live out the fruits and gifts of the Holy Spirit in our day-to-day lives.

## Dare to be a Glowing Saint!

**The Fruits of the Spirit:** (*Gal 5:22-23*)

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Generosity
7. Faithfulness
8. Gentleness
9. Self-Control

**The Gifts of the Spirit:** (*Is 11:2*)

1. Wisdom
2. Understanding
3. Counsel (Right judgment)
4. Fortitude (Courage)
5. Knowledge
6. Piety (Reverence)
7. Fear of the Lord (Wonder & Awe)

Pay attention to the people around you—people in your group, strangers, and Disney employees. Look for fruits or gifts of the Holy Spirit in action.

Choose one of these virtues that you struggle to live out. Work on cultivating this virtue within yourself today and for the rest of the week. (Remember, to make virtue a habit, you sometimes have to “fake it until you make it.”)

## Reflection for Lunch Break

Opening Prayer: Our Father

### Reflections on Unity and Saints:

“Christ. . . died to gather together the dispersed children of God (cf. Jn 11:52), to rehabilitate the marginalized, and to bring close those who are distant, in order to integrate all within a communion that is not based on ethnic, cultural or social membership, but on the common desire to accept God's word and to seek justice. ‘*God shows no partiality, but in every nation any one who fears him and does what is right is acceptable to him*’ (Acts 10:34-35).

The Church acts in continuity with Christ's mission. . . In the Church no one is a stranger, and the Church is not foreign to anyone, anywhere. As a **sacrament of unity** and thus a sign and a binding force for the whole human race, the Church is the place where [all are] recognized and accepted as brothers and sisters.”

(Pope John Paul II, World Migration Day, 1996).

“As the rays of the sun are so rich that we cannot see their many splendors unless they are shot through a prism, which causes them to break into the seven rays of the spectrum, so too, the life of Christ, which saints reflect, is so infinitely good that it takes an **infinite variety of saints** shot through the prism of love and penance to reflect the holiness of the Son of God”

(Fulton Sheen, *What a Saint is*)

## ECCLICAL, SAVED IN HOPE

ges.

come clear that this hope is constantly receding. Above all it has become apparent that this may be a hope for a future generation, but not for me. . . While we must always be committed to the improvement of the world, tomorrow's better world cannot be the proper and sufficient content of our hope. . . Science can contribute greatly to making the world and mankind more human. Yet it can also destroy mankind and the world unless it is steered by [moral] forces that lie outside it. . .

It is not science that redeems man: man is redeemed by love. . . The human being needs unconditional love. He needs the certainty which makes him say: ‘*neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord*’ (Rom 8:38-39). If this absolute love exists, with its absolute certainty, then—only then—is man ‘redeemed,’ whatever should happen to him in his particular circumstances.” (Benedict, *Saved in Hope*, 25-26, 30)



## GOING DEEPER: POPE BENEDICT'S ENCYCLICAL

Read the following excerpt from the encyclical. Respond on the following pages.

“Day by day, man experiences many greater or lesser hopes. . . Young people can have the hope of a great and fully satisfying love; the hope of a certain position in their profession, or of some success that will prove decisive for the rest of their lives. When these hopes are fulfilled, however, it becomes clear that they were not, in reality, the whole. It becomes evident that man has need of a hope that goes further. It becomes clear that only something infinite will suffice for him, something that will always be more than he can ever attain.

In this regard our contemporary age has developed the hope of creating a perfect world that, thanks to scientific knowledge and to scientifically based politics, seemed to be achievable. Thus Biblical hope in the Kingdom of God has been displaced by hope in the kingdom of man, the hope of a better world which would be the real ‘Kingdom of God.’ This seemed at last to be the great and realistic hope that man needs. It was capable of galvanizing [exciting]—for a time—all man’s energies. . . In the course of time, however, it has be-



### Connect to Innoventions



Epcot’s Innoventions showcase highlights many technological advances being made in hope of building a better future for the world, from cochlear implant hearing aides to store shelves that know exactly what customers want.

### Reflection Questions:

- What are some of the most surprising “Catholic Connections” within Epcot that you’ve become aware of today? What have you noticed that you hadn’t really ‘seen’ before?
- Which fruits or gifts of the Spirit, listed in the beginning of this guide, have you witnessed today?
- Does it surprise you to find “Catholic Saints” at Epcot? What does this tell you about how saints impact the world?
- Looking at the different cultures featured in the World Showcase section of Epcot, what differences do you see? What similarities?
- Once you recognize that all people are connected as children of our God, Fair Trade becomes a way of honoring the dignity of all peoples. Looking at the following pages on fair trade— how can you ‘buy differently’ this week?
- We are the Body of Christ, the living hands and feet of Christ in the world. What can you do today to be the ‘hand’s, ‘feet’ or ‘eyes’ of Christ?

### Closing Prayer from Teresa of Avila:

Christ has no body now on earth but yours,  
No hands but yours, No feet but yours;  
Yours are the eyes through which Christ’s compassion looks out on  
the world,  
Yours are the feet with which He is to go about doing good  
And yours are the hands with which he is to bless us now.

## Reflection for Afternoon Break

Be sure to take time for a break sometime during your visit to Epcot.

Having a “tea break” or “tea time” is a globally recognized ritual; it has special meaning in the UK, Japan, China, and Morocco. It is really a time to take a break and focus on the others who are sharing the tea with you.

“Our friends in the Zen Buddhist tradition have something to share with us. . . Zen monks carried the art of tea-drinking into public life. This ceremony encourages reverence, peace, and a sense of purposefulness in life. Attention and mindfulness are given to everything as a means of opening the third eye, the eye of the soul. One aspect of the tea ceremony is the inspection by the guests of the tea cups, spoons, and other objects to be used. . . The guests find the pleasure of wonder as they experience the beauty of all that is involved in the act of making and drinking tea” (Edward Hays, *Pray All Ways*, 26-27).

### What is Fair Trade?

At its heart, Fair Trade is about relationships built on dignity and respect. Fair Trade embodies, at minimum, the following commitments:

- Paying a fair wage
- Improving the quality of life for farmers and producers
- Providing equal employment opportunities for all people
- Engaging in environmentally friendly practices
- Building long-term trade relationships
- Providing healthy and safe working conditions

The Catholic Relief Services Fair Trade Program creates opportunities for us to bring our faith to bear on the choices we make as consumers — choices that have the power to lift our brothers and sisters out of poverty.



### Fair Trade Tea

In the tea shoppe in the U.K. pavilion, there are certain teas that are fair trade. Look for the fair trade label in the bottom right hand corner.

### Fair Trade Coffee

Is tea not your cup of tea? There are also four coffee stands at Epcot that serve Joffrey’s fair trade coffee. These are located:

1. Near Universe of Energy in Future World
2. Near the Odyssey entrance to World Showcase
3. Between Canada and U.K. pavilions
4. Between the American Adventure and Italy pavilions.

### Fair Trade Cacao

A farmer from Ghana picks fair-trade cacao.



This cacao tree grows in the greenhouse at The Land. How do these large yellow pods become your favorite chocolate bar?