

DIOCESE OF ORLANDO
WORKS OF MERCY ACTIVITIES
APPENDIX

Corporal Works of Mercy

1. Feed the Hungry

Catholic Charities of Central Florida

Contact your local Catholic Charities office for opportunities to live out the corporal works of mercy. Feed the hungry by hosting a food drive or volunteering in one of their food pantries; shelter the homeless by providing assistance to the Family Stability programs of Catholic Charities; clothe the naked by collecting new, basic clothing items like socks and underwear for incoming refugee families, or discuss other opportunities to serve depending on your group size. Offices in Wildwood, Eustis, Casselberry, Orlando, St. Cloud, Lakeland, Winter Haven, as well as off-site service opportunities available. Visit www.cflcc.org to learn more.

Media Kit: <http://cflcc.org/wp-content/uploads/2015/10/Media-Kit.pdf>

Lake, Marion and Sumter Counties

- Emergency Family Assistance
- Lazarus Free Medical Clinic
- St. Luke Free Medical and Dental Clinic
- Open Arms Village
- Brothers Keeper

Brevard and Volusia County

- Emergency Family Assistance
- Food Pantries
- Brevard Interfaith Coalition

Orange, Osceola, and Seminole Counties

- Emergency Family Assistance
- Family Stability Initiative
- Immigration and Refugee Services
- Pathways to Care, Inc.
- Pathways to Independence
- Semoran Food Pantry
- St. Joseph Garden Courts
- St. Anthony Garden Courts
- St. Thomas Aquinas Free Medical Clinic

Catholic Relief Services Food Fast

<http://www.foodfast.org/>

- By fasting together, Catholic youth deepen their faith, understand realities connected to hunger and strengthen their desire and ability to bring change to our world!

Mary's Meals

<https://www.marysmealsusa.org>

- Mary's Meals provides one good meal to some of the world's poorest children every school day. Our work is named after Mary, the mother of Jesus, who brought up her own child in poverty.

Mary's Meals consists of, respects, and reaches out to people of all faiths and of none.

Catholic World Mission

<https://catholicworldmission.org/>

- Various monthly campaigns to alleviate suffering around the world and raise awareness

Cross International

<http://www.crossinternational.org/>

- Donations for missionary feeding program

2. Give Drink to the Thirsty

Catholic Charities; Clean Water Projects in Ethiopia

<http://www.charitywater.org/projects/countries/ethiopia/>

- A clean water project nearby can restore time, health and opportunity to these communities.
- Educational opportunity to raise awareness and funds

Catholic World Mission

<https://catholicworldmission.org/>

- Various monthly campaigns to alleviate suffering around the world and raise awareness

Cross International

<http://www.crossinternational.org/>

- Donations for missionary feeding program

3. Clothe the Naked

Closet Challenge

<https://leahdarrow.com/beauty-fashion-modesty/wardrobe-and-peace-the-closet-challenge/>

- For teachers, staff, and parents
- Only wearing 7 items of clothing for 30 days

Local Women's Clinic

- Identify and contact local women's clinics.

4. Shelter the Homeless

Budget Challenge

<http://playspent.org/>

Catholic Charities

<http://cflcc.org/>

Habitat for Humanity

<http://www.habitatsa.org/home.aspx>

- Ages 14 and older to participate in construction

5. Visit the Sick

Extraordinary Ministers of Holy Communion

- Bring Holy Communion to the homebound

<http://www.orlandodiocese.org/ministries-offices/liturgy-music-welcome/liturgy-music-emhc-training/>

Hospice of Central Florida

<http://www.floridahospices.org>

Blood Drive

www.oneblood.org

6. Visit the Imprisoned

Diocesan Prison Ministry

<http://www.orlandodiocese.org/e-scroll/archive/prison-ministry-training-2/>

7. Bury the Dead

Queen of Peace Cemetery- San Pedro Center

<http://www.orlandodiocese.org/queen-of-peace-cemetery/>

Spiritual Works of Mercy

1. Instruct the Ignorant

Tutoring Centers

- Orlando Day Nursery Reading Pals
 - ReadingPals volunteers help their pal develop valuable pre-literacy skills so students are on a path to be reading at grade level by 3rd grade.
 - (5/25/16) Mrs. Mata Dennis stated that she would be open to youth volunteers assisting with kindergarten reading pals.

Address: 626 Lake Dot Cir
Orlando, FL 32801

Website: www.orlandodaynursery.org

Contact: Mrs. Mata M. Dennis
(407) 422-5291 x 211 Work Number
director@orlandodaynursery.org

- Find similar volunteer opportunities here: <https://secure.hfw.org/epledge/Volunteer/QuickSearch.jsp>

2. Counsel the Doubtful

National Suicide and Crisis hotlines taking donations

- National Suicide Prevention hotline (English and Spanish):
<http://www.suicidepreventionlifeline.org/GetInvolved/Donate>
- Crisis texting line (Text “start” to 741-741 from anywhere in the USA, anytime, about any type of crisis): <http://www.crisistextline.org/donate/>

Interactive bulletin board/door

- Using the image on the right as an example, replace the word “thoughts” with the word “hopes.”
 - o Hope is the theological virtue by which we desire and expect from God both eternal life and the grace we need to attain it.
 - o Have students write in what they hope and dream for.
 - o Consider using crosses instead of thought bubbles to keep students focused on the theological meaning.
- Alternate version:
<http://secondgradethrills.blogspot.com/2013/09/first-day-goal-setting.html>
- Or, use the idea of this thankful tree to create a “Tree of Hope”
<http://www.simplyvintagegirl.com/blog/index.php/2010/11/27/the-thankful-tree/>
- Other Year of Mercy bulletin board ideas:
<http://looktohimandberadiant.blogspot.com/2015/08/easy-and-cheap-mercy-bulletin-boards.html>



3. Admonish Sinners

Examination of Conscience for Kids

<http://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/sacrament-reconciliation-children-examination-conscience.cfm>

Examination of Conscience for Middle School Youth

<http://www.ctkwichita.org/news/bulletin/113-guide-to-confession-middle-school-youth-1/file>

Examination of Conscience for Teens

<http://www.catholiceducation.org/en/education/catholic-contributions/examination-of-conscience-for-teenagers.html> or

<http://www.stpaulhingham.net/uploads/mce/8d6f9131366dac0c298ee725e6577d6e0a54e832/ExaminationOfConscienceForTeens.pdf>

4. Bear Wrongs Patiently

Learning emotions through role-playing

http://meaningfulmama.com/week-3-character-development-self_19.html

5. Forgive Offenses Willingly

Prayer of Examen for Kids

<http://www.fargodiocese.org/files/pdf/marriageandfamily/examen-prayer-for-youth.pdf>

4. Comfort the Sorrowful

List of sing-along songs for senior citizens, some with guitar chords

<http://www.seniorsentertainer.com/songs.html>

7. Pray for the Living and the Dead

St. Gertrude Prayer

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

- More on this: <http://www.ourcatholicprayers.com/prayers-for-souls-in-purgatory.html>