

BEHAVIORAL HEALTH SERVICES

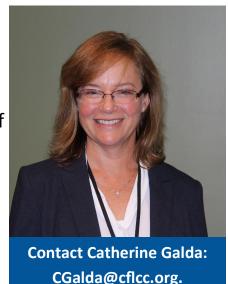
Serving in Brevard County





Catholic Charities of Central Florida is expanding in Brevard County with the addition of Behavioral Health Services.

Leading this new initiative is Catherine Galda, a licensed clinical social worker who started on



November 1, 2016 as director of Behavioral Health Services.

The program will launch first in Brevard County in the spring of 2017 and a timetable for expansion into other counties will be announced later.

Our Mission

The mission of Catholic Charities of Central Florida is to embrace all those in need with hope, transforming their lives through faith, compassion, and service.

Catherine Galda is available to speak at parishes on topics such as:

- Caregiving
- Trauma
- Depression
- Parent-Child Relations
- Coping
- Addictions

- Stress
- Anxiety
- **Marital Relations**
- **Interpersonal Relations**
- Grief
- Anger









