



## Living the Eucharist

### *A Program to Revitalize Parish Life and Spirituality*



Living the Eucharist is a dynamic, parish-based program designed to help revitalize parish life and spirituality through a more profound experience of Sunday Mass. It helps the entire parish—adults, teens, and families—grow in their Catholic faith and live more fully as disciples of Jesus.

Living the Eucharist runs during Lent for three years. Parishioners can take part in adult and teen faith-sharing groups, family activities, devotional and catechetical Lenten readings, and a prayer campaign.

The multi-media program materials are comprehensive, proven, and easy to use. Ongoing support keeps your parish on the right track throughout the program. For more information, visit <http://www.livingtheeucharist.org/>.

We are recommending that parishes adopt the Living the Eucharist program as a primary initiative for diocesan-wide local use with the following timeline:

- Advent 2017 – preparation and training (identify and prepare parish coordination teams).
  - [90-minute Webinar Orientation; 2-Hour Parish Co-leader Training; 2-Hour Parish Team Trainings (by Co-Leaders).]
- Lent 2018 – implement Year B in parishes (6-week Lenten Small-groups; Parish Easter Retreats);
- Lent 2019 – repeat process and implement Year C;
- Lent 2020 – repeat process and implement Year A.
  - [Full integration involves adult and adolescent groups, family activities, prayer cards, bulletin inserts, catechetical and devotional materials; main themes = knowing the Eucharist, growing conscious and active participation in the Eucharist, developing a Eucharistic spirituality, and engaging missionary discipleship.]
  - [Pricing models vary dependent upon diocesan and/or parish underwriting or participant fees (approximately \$6-10 per participant manual; \$60-120 per parish kit); training support is extra.]