

SENIOR PRIEST CONNECTIONS



IN THIS NEWSLETTER

Bishop's Letter

Emmaus Home: See What's Inside

Health Tips: Managing Chronic Pain



BISHOP'S LETTER Follow Me

My Sisters and Brothers in Christ:

How many of us wish to follow Jesus? For those of you whom I have met, from the youngest to the oldest, I believe your response would be a resounding, "I do!". When we are born, Jesus already knows each one of us, loves us and calls us to follow Him. From the moment we are baptized, we begin to follow Jesus. Some of you consented as adults to be baptized and some of you were presented by your parents and godparents to follow Jesus and as your family and friends taught you about Jesus, you also continue to follow Him.

FOLLOW ME

Continued

Jesus invites each one of us to give our lives completely, without measurement or personal interest, without thinking, “what’s in it for me?” When Jesus approached James and John, they were fishing with their father and St. Matthew says they immediately left their boat and their father to follow Jesus. They allowed God’s voice to enter their heart and put aside everything to follow Jesus.

Remember Jesus was criticized because He called sinners – people like you and me. They accepted His invitation because they recognized Jesus is the Way to Perfection. Through the Sacrament of Baptism, we make a Covenant with Jesus to love Him above all things and to serve Him in our brothers and sisters.

The other day I was reading an article where the question was posed, “What does it mean to be a Catholic?” Pope St. Paul VI wrote in his 1964 *Ecclesiam Suam* (“His Church”), “Those who are baptized and by this means incorporated into Christ’s Mystical Body, His Church, must attach the greatest importance to this event. They must be acutely aware of being raised to a higher status, of being reborn to a supernatural life, there to experience the happiness of being God’s adopted sons, the special dignity of being Christ’s brothers, the blessedness, the grace and the joy of the indwelling Holy Spirit” (No 39).



FOLLOW ME

Continued

Jesus' invitation to follow Him is not something that starts and stops. With our resounding, "I do!" we begin a life of faith in our triune God and our hunger for God is never ending. We are called to help each other live the gospel of the kingdom by our daily prayer, by our example, by our living the heart of Jesus.

We are called to the table of the Lord to receive Jesus, the Eucharist, and to live as a Eucharist all the days of our lives. How beautiful is Jesus' invitation to come after Him. He the Eucharist, already setting the table calling us to eat that we bring God's love to all the people.

We are privileged to be on this pilgrimage because we receive the special dignity of being Christ's brothers, the blessedness, the grace and the joy of the indwelling Holy Spirit. We are privileged to be on this pilgrimage in step with Jesus as we receive Him in the Eucharist.

Following Jesus begins in the heart of every one of us. Just as Peter and Andrew and James and John were uprooted from their daily living by their response to Jesus' invitation, living as a Eucharist uproots from our hearts all hatred and resentment toward the brothers and sisters with whom we live. We offer ourselves to each other clothed in the generous mercy of Jesus. We know our limitations and we accept the limits of each other generously, mercifully with the forgiveness of Jesus.

Pope Francis said, "God became a Child, and that Child, once grown, let himself be nailed on a Cross. There is nothing weaker than one who is crucified, yet that weakness came the demonstration of God's supreme power." In the Eucharist, God's power is always at work.

**Come to the table of the Lord.
Receive The Eucharist. Be a
Eucharist.**



Most Reverend John Noonan
Bishop of Orlando

MISSION

The Office of Senior and International Priests was established to collaborate with the Bishop and his senior priests. We are happy to provide support, information, and assistance to the Senior and International Priests of our diocese. If you have any questions, concerns, or updates, please do not hesitate to contact us.

STAFF - SENIOR & INTERNATIONAL PRIESTS



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(386) 451-3865



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Mark your calendars!

CALENDAR OF EVENTS

Thursday, January 26, 2023

Red Mass
St. James Cathedral @ 12:10 p.m.

Monday, April 3, 2023

Chrism Mass
Basilica of the National Shrine of
Mary, Queen of the Universe
starting at 11:30 a.m.

Saturday, February 11, 2023

Mass for Marriage
Basilica of the National Shrine of
Mary, Queen of the Universe
Mass starts at 12:00pm

Sunday, February 26, 2023

Rite of Election
Basilica of the National Shrine of
Mary, Queen of the Universe
starting at 3:00 p.m.

FROM THE VICAR OF SENIOR PRIESTS



Rev. Fred Ruse,
Vicar for Senior Priests

Dear Brothers,

In your name I want to thank all those who worked at making available another wonderful “Aging with Grace” retreat for the senior priests of the diocese. I thank our retreat presenter, Bishop Denis Madden, Bishop Noonan, Deacon Joe Gassman and Jennifer Kuhn and the various liturgical ministers.

I also thank of those wonderful (nameless) people who worked in the kitchen and assisted us in the serving line and at table, various administrative and maintenance personnel at San Pedro and those who so attentively were present to clean and freshen our rooms as needed, just to mention a few.

The words of Dorothy Day, Servant of God, inspired by her reading of St. John of the Cross, come to me: “The experience of love... This is a great and holy force and must be used as the spiritual weapon. Love against hate. Suffering against violence. What is two thousand years in the history of the world? We have scarcely begun to love. We have scarcely begun to know Christ, to see him in others around us...”

I recently had the wonderful occasion to visit with Fr. Sean Cooney. There, too, I met a person who is present to him for certain day to day assistance. She could not have been more gracious and personable; a refreshing testimony to the words of Dorothy Day. It is possible! That “holy force” can have a face!

While I am noticing such witnesses, I must mention standing in awe of Pat Murray who is so attentive to his brother, Fr. Stan Murray. I am so happy for Stan that Pat and his wife are there with and for him with such joy, certainly changing some of the plans they had for their life, but with hardly a second thought about it.

Such companionship comes in so many ways, and perhaps we, the beneficiaries, might be too easy to not “catch” some of those moments while we are looking for or expecting something else. I am thinking of my recent days of receiving hearing aids and becoming accustomed to them. Not easy though they have made a great difference. But more important I have had wonderful people at the clinic I go to who have been tireless in their kindness and patience. I apologize to them for the times I am such a wimp dealing with these changes and my expectations that science should be perfect (Ha! Ha! The challenge is that the science is trying to make sense of my not so perfect body!).

As we transition into this new year, I think back on the days of being in the “Pastor’s seat” in a parish. The month of December brought us mail which informed us of our assessment for the next year’s Our Catholic Appeal (BASE). How things change! For most of us now – we senior and retired folks – the mailing in December comes from the Social Security Administration with the announcement of our benefits increase. I just received mine: an increase by 8.7% because of a rise in the cost of living. I assure you, there is nothing like that for the priests in our sister diocese in the Dominican Republic!

EMMAUS



The Emmaus housing units are complete and a certificate of occupancy issued! As you can see by the photos of the interior and know the peaceful environment of San Pedro Spiritual Development Center, what more could one ask for. This development is a tremendous gift for priests who have given their life to the service of God people, by the people they served.

Retired incardinated priests of the diocese are eligible for residency. To be considered for Emmaus the priest must:

- 1) Express interest in writing to the Office for Senior Priests
- 2) Meet the independent living standards by enrollment into the diocesan IndeQuest Nurse Care Management program. After you have completed these first two steps, you will receive a confirmation letter with the next steps in the process, which includes reviewing and updating a Priest Verification Form and your funeral arrangements.

For more information, scheduling a tour, and the criteria and availability of an Emmaus unit. Please contact the Office for Senior Priests (407) 246-4898.

Deacon Joe Gassman

EMMAUS HOME



SEE WHAT'S INSIDE

To schedule a tour,
Please contact the Office
for Senior Priests

(407) 246-4898

MINISTRY OPPORTUNITY



Very Rev. Anthony Aarons, Rector of the Basilica National Shrine of Mary Queen of the Universe, is extending an invitation to assist the Shrine ministries. If you are interested in serving the international and local pilgrims of the Shrine, Please contact Wanda Zambrana wzambrana@mqus.org or 407-239-6600.



INDEQUEST

NURSE CARE MANAGEMENT PROGRAM

IndeQuest is a nurse care management company specializing in the management and coordination of the healthcare needs of their clients. Their highly qualified nurses are certified care management specialists with nursing skills encompassing the spectrum of healthcare systems. As your nurse care manager (NCM) they will coordinate and oversee your specific healthcare needs to include coordination of medications, advise on direct care costs to what medical insurance will cover, navigate through the healthcare system in finding specialists, schedule appointments, and help maintain your medical records. They are your personal healthcare advocates, responsible for ensuring all aspects of your healthcare providers function efficiently and effectively.

Program successes have included reducing the number of overnight hospital stays, elimination of duplicate and unnecessary medications, and encouraging happier and healthier lifestyle of the priest.

The two most common questions asked about the program are:

- 1) What about my privacy? Your nurse is bound by the same HIPPA rules as any of your doctors. No, the nurses do not report to the bishop.
- 2) How much will it cost me? Absolutely nothing! This is a free benefit to you. You and your NCM determine how often you use their services; it can be as simple as a quarterly phone call.

OUR NURSE CARE MANAGERS:



Gwen Ledene, RN, BSN
IndeQuest Nurse
Case Manager
License RN #: 1897602



Nicole Crouser, RN, BSN
IndeQuest Nurse
Care Manager
License RN #: 9190260



Lindsey Mankoff, RN, BSN,
IndeQuest Nurse
Case Manager
License RN #: 9182118

THE INDEQUEST NURSE CARE MANAGEMENT PROGRAM IS AVAILABLE TO INCARDINATED SENIOR PRIESTS (65+ YEARS OF AGE)

TO ENROLL CONTACT THE OFFICE FOR SENIOR PRIESTS (407) 246-4845.



ADAPTING YOUR HOUSE WHEN YOU HAVE ARTHRITIS

BY CAROLYN SAYRE

“We’re all spending more time at home these days. Whether you have osteoarthritis, rheumatoid arthritis or psoriatic arthritis, a few simple adjustments can make cooking, bathing, doing laundry and other daily tasks easier.

You don’t need to spend thousands of dollars on remodeling improvements. You can take steps to make your home safe and protect your joints.

“The goal is to use adaptations to preserve your ability to perform and participate in activities of daily living,” says Scott Trudeau, Ph.D., occupational therapist, and productive aging program manager at the American Occupational Therapy Association.

Here are six tips to help you prep your abode for life with arthritis.

Identify the Roadblocks

An occupational therapist can help you identify which home modifications are right for you. Ask your rheumatologist, primary care physician, or insurance company for referrals. Look for individuals who have the credentials CAPS (Certified Aging-in-Place Specialist) or SCEM (Specialty Certification in Environmental Modification), which indicate they specialize in home adaptations.

When occupational therapists meet new clients, the first thing they do is discuss a typical day’s activities. “This helps clients think about their priorities and where they see themselves getting into trouble,” explains Trudeau.

ADAPTING YOUR HOUSE WHEN YOU HAVE ARTHRITIS

Continued

Trudeau, who has experience in recommending home modifications for individuals with arthritis, advises his clients to think about their worst days. “It is great if you can get in and out of bed safely 80% of the time, but you need to prepare your space for the 20% of the time that your body is at risk,” he says.

Conserve Energy

The bathroom and the kitchen are two areas where adaptations can help to manage pain and save energy,” says Rawan Alheresh, Ph.D., assistant professor at the Massachusetts General Hospital Institute of Health Professions. “It’s important to conserve as much energy as possible so you can use it later in the day to participate in the things that really matter to you.”

- Avoid bending and reaching when possible. Keep items at counter level and use a grabber tool to reduce the need to stretch for items.
- Purchase smaller size items that are easier to handle. For example, laundry detergent that utilizes disposable pods and eliminates the need to lift large bottles.
- Sit while doing common activities. For example, put a chair next to the sink so you don’t have to stand while washing dishes.
- Adjust your timing. Prepare dinner at midday if your hands tend to hurt in the evening, for example.



ADAPTING YOUR HOUSE WHEN YOU HAVE ARTHRITIS

Continued

Avoid Slips and Falls

Safety is first and foremost, says Trudeau. People with arthritis are more likely to fall or experience new fractures. The biggest hazard is the bathroom. Stay safe with these modifications:

- Keep an adjustable transfer bench next to the bathtub to help you get in and out.
- Use a seat in the shower.
- Install grab bars by the tub, shower, and toilet.
- Buy a highboy toilet seat or commode if squatting is painful.
- Put slip mats in the tub and by the toilet.
- Turn on a bedside lamp or use a touch light when you go the bathroom at night

Practice Stair and Hallway Safety

If your hips or knees are severely affected, you may benefit from a stair lift or a ramp. But these simple changes can also help:

- Install slip mats on stairs.
- Hold a cane in one hand for support and use the railing to go up and down the stairs.
- Install guard rails on outdoor steps.
- Make sure your outdoor path is well lit.
- Remove throw rugs and secure your carpets.
- Clear walking paths and any clutter throughout the house.

ADAPTING YOUR HOUSE WHEN YOU HAVE ARTHRITIS

Continued

Alter Kitchen Habits

Meal prep can be cumbersome for people with hand and wrist arthritis. Here are some ways to make working in the kitchen easier:

- Put the cookware and appliances you use often on the counter, so you don't have to bend, stretch, or reach into drawers or cabinets.
- Replace heavy stoneware for lighter pots and pans.
- Use ergonomically designed kitchen tools, such as a rocker knife.
- Get an electric can and jar opener and buy pre-chopped fruits and vegetables.

If climbing the stairs to the bedroom is difficult, move your bedroom downstairs. Get a mini fridge for your bedroom to reduce how often you need to go the kitchen, especially if your medicine must be refrigerated or you need to take it with food. If carrying the laundry basket down to the basement is no longer safe, get someone to move the machine upstairs. The plumbing may be costly, but could be worth it in the long run.





5 WAYS TO PREVENT ELDER FINANCIAL EXPLOITATION

BY CAROLYN SAYRE

More than 369,000 incidents of financial abuse targeting older adults are reported to authorities in the U.S. each year, causing an estimated \$4.8 billion in losses, according to a January 2022 analysis of federal and state data by Comparitech, a cybersecurity research company.

And those numbers probably understate the problem by a considerable amount. Experts agree that elder financial exploitation, broadly defined as the theft or misuse of an older person's money by someone they know, is vastly under-reported.

But experts also say that in most cases, the abuse can be prevented before it starts. Take these steps to help protect yourself or a vulnerable loved one from financial exploitation.

1. DESIGNATE SOMEONE YOU TRUST AS YOUR FINANCIAL POWER OF ATTORNEY.

While you're still able to make financial decisions, choose the right person to do so if you become incapacitated. Or persons: If you invest two people with this responsibility, they can share the workload and hold one another accountable.

"We don't like to talk about finances. It's private. But we need to change that dynamic," says Julie Schoen, deputy director of the National Center on Elder Abuse (NCEA) at the University of Southern California's Keck School of Medicine.

Skip the standard power-of-attorney form and customize the role to meet your needs, preferably with the help of a lawyer. (The federal government's Eldercare Locator can help you find free or low-cost legal assistance.) Maybe you want your agents to handle all your financial matters, or maybe you just want them to, say, file taxes or manage property. Spell it out.

5 WAYS TO PREVENT ELDER FINANCIAL EXPLOITATION

Continued

2. APPOINT A TRUSTED CONTACT FOR ACCOUNTS AND INVESTMENTS.

A trusted contact is someone you authorize a bank or financial institution to get in touch with about questionable activity on your account, if they are unable to reach you. The company can disclose some account information to your trusted contact, but he or she is not able to make transactions.

A similar option is to give someone you trust view-only access to your account. View-only users can monitor your transactions, but not conduct business or access the funds. This is a safer option than establishing a joint account, where the other person can make withdrawals and your money automatically becomes theirs upon your death.

"Never add someone to your bank account or the title to your property," advises Joanne Savage, an attorney with AARP's Legal Counsel for the Elderly, which provides free legal services for older adults in Washington, D.C.

3. SIGN UP FOR A SERVICE THAT TRACKS YOUR BANK ACCOUNTS, INVESTMENTS AND CREDIT CARDS.

Tech tools such as EverSafe and LifeLock can detect suspicious activity — like missing deposits, unusual withdrawals, or abrupt changes in spending patterns — and notify you and a trusted advocate.

These services do more than provide front-line protection in detecting scams, fraud and identity theft — they can also offer support in recouping any losses. If you do fall victim to fraud, for instance, they can walk you through the steps to take in reporting it and mitigating your losses. In the case of identity theft, EverSafe will reimburse lawyer fees.

4. STAY IN TOUCH WITH OLDER LOVED ONES.

A natural consequence of aging can be losing connections through retirement, moves, and the deaths of spouses, family members and friends. Social isolation, whether brought on by life's circumstances or physical distancing required by the COVID-19 pandemic, is one of the greatest risk factors for elder financial exploitation, according to the NCEA.



5 WAYS TO PREVENT ELDER FINANCIAL EXPLOITATION

Continued

Maintain close contact with older loved ones through regular visits, phone and video calls, emails and texts. Encourage them to stay involved with others through a faith community, volunteer activities or other social groups.

And watch out for someone – even someone you thought you or your loved one could trust – who discourages contact with family and friends, exerts pressure on financial decisions or asks for large sums of money.

"There's a phenomenon where someone befriends an older person, becomes part of their life and is grooming them, so when they ask for money the older person will give it to them," says Kristin Burki, director of the National Clearinghouse on Abuse in Later Life (NCALL). "They're looking for vulnerabilities in an older person. Pay attention to the relationships in an older person's life."

5. GET TO KNOW YOUR LOVED ONE'S CAREGIVERS.

If you need to hire in-home help for a loved one, strongly consider going through a bonded agency that does rigorous screening and will take action in case of theft, such as contacting authorities and reimbursing you.

Once hired, observe how the caregiver is taking care of your loved one. Are they keeping them clean? Stocking the refrigerator with healthy food? Giving medications regularly?

"They're less likely to financially exploit Mother because they know you're paying attention," says Bonnie Brandl, the founder and former director of NCALL. If you have suspicions or an uneasy feeling about a caregiver, find another.

John Rosengren is a Pulitzer nominee whose articles have appeared in The Atlantic, The Atavist, The New Yorker, Sports Illustrated and The Washington Post Magazine. His novel *A Clean Heart* was published in the spring of 2020. Editor's note: This article, originally published Nov. 1, 2021, has been updated with more recent information from Comparitech's review data on U.S. elder fraud. It has also been corrected to reflect that FINRA, not the U.S. Securities and Exchange Commission, requires brokerages to ask new account holders to name a trusted contact.

Article Source: 5 Ways to Prevent Elder Financial Exploitation (aarp.org)

HEALTH TIPS

MANAGING CHRONIC PAIN

**DR. ROSEMARY LAIRD**

Not long ago I asked a patient, “How are you feeling today?” The patient replied, “Well, I’m 86 how do you think I am feeling?” Now, I bet we all know what he meant! Statistically speaking at 86 years of age he is likely to have pain from osteoarthritis in his back or joints, or a painful condition resulting from aging nerves. In addition to being physically painful, living with chronic pain can create emotional distress. For anyone with persistent pain on a day-to-day basis, the risk of developing depression is high. The problems then worsen as depression is often followed by decreased physical activity and exercise which makes the body less able to function and often increases pain. That’s a “vicious cycle” we want to avoid at all costs.

Let’s look at some key steps you should take if you are often bothered by pain.

Step 1 - Know What is Causing the Pain

- You may think “it’s due to aging.”
- You may think “it’s not that bad.”
- You may think you know what is causing the pain, but don’t try to guess.

For example, pain in the knee may be coming from the knee or it may be due to a problem in the hip or the thigh.

Follow this rule: If you haven’t spoken with your healthcare provider or Nurse Care Manager, AND you are taking medication for pain more than 3 times in a week OR the pain is limiting your ability to exercise at least 30 minutes a day, make an appointment to discuss it.





MANAGING CHRONIC PAIN

Continued

Step 2 – Learn ALL the Ways to Reduce the Pain

Once you know what the pain is from, you can start to learn about the range of options for pain relief and which healthcare provider can help you. Keep in mind that different kinds of pain respond better to certain medications and therapies. Your healthcare provider or Nurse Care Manager can help you try a few different options until the most effective remedy is clear.

I like to start with the therapies that don't involve taking a medication in the form of a pill that might help the pain, but has side effects. In some cases, that's all you may need for a time. Other times using a therapy together with medication means you can use a lower dose and have fewer potential side effects.

A good example is treatment for arthritis of the knee. Physical therapists can offer instruction about exercises that can reduce pain. They also may have heat or other techniques that may help. For certain types of muscle pain, therapeutic massage can help. If medications are needed, medications that are applied directly on the skin at the site(s) of pain can be effective and have fewer side effects. When needed, medications used at the lowest dose possible of the medication, with the least side effects, and for the shortest duration of time is best. Often, after an acute flare has been treated and some of the non-medication therapies are added, the dose of medication can be reduced without an increase in pain.

If you have ongoing pain and have yet to find a way to relieve the pain, begin by talking with your PCP. Ask them for additional ideas. They may send you to a specialist to help manage your pain. These doctors have specialty training in pain management and may be called "Pain Management specialist" or "Physical Medicine and Rehabilitation." As mentioned, Physical Therapist may also play a role.



SENIOR SERVICE – BY COUNTY

ORANGE COUNTY

Seniors First, Inc.

Services:

Meals on Wheels
In-Home Care
Guardianship
Stepping Stone Medical Equipment

5395 LB McLeod Road
Orlando, FL 32811
(407) 292-0177
Email: info@seniorsfirstinc.org

SEMINOLE COUNTY

Meals on Wheels, Etc.

Services:

Meals on Wheels
Transportation
Homemaking Services
Chores & Home Improvements

2801 S. Financial Court
Sanford, FL 32773
(407) 333-8877
Email: info@mealsetc.org

BREVARD COUNTY

Aging Matters in Brevard

Services:

Meals on Wheels
Seniors At Lunch
Transportation
Catering

3600 W. King Street
Cocoa, FL 32926
(321) 632-0469
www.AgingMattersBrevard.org

OSCEOLA COUNTY

Osceola County Council on Aging,
Inc.

Services:

In Home Services
Nutrition
Transportation
Weatherization/Chores

700 Generation Point
Kissimmee, FL 34744
(407) 846-8532
Email: info@osceola-coa.com

UPPER ROOM CRISIS HOTLINE

The Upper Room Hotline is a faith based hotline in the Catholic Tradition. The Upper room Crisis Hotline is motivated by the mercy and compassion of Jesus. The Upper Room provides a non-judgmental listening and referral hotline to anyone in spiritual need including clergy, religious, and lay people of all faiths.

Call 1-888-808-8724 Central Time between 8:00 a.m.–10:00 p.m., Monday - Friday.

SENIOR SERVICES - BY COUNTY, CONT'D

VOLUSIA COUNTY

Council on Aging of Volusia County

Services :

- Personal Care
- Chores
- Meal Services
- Respite Program
- Guardianship
- Senior Activities

420 Fentress Blvd.
Daytona Beach, FL 32114
Phone: (386) 253-4700
Fax: (386) 253-6300

POLK COUNTY

VISTE (Volunteers in Service to the Elderly)

Services:

- Transportation
- Supplemental Groceries
- Hot Meals
- Birthdays

1232 E. Magnolia Street
Lakeland, FL 33801
Phone: (863) 284-0828
Email: info@viste.org

SUMTER COUNTY

Mid Florida Community Services, Inc.
Free Meals - Tuesdays and Wednesdays
Breakfast at 9:00 a.m.
Lunch at 11:00 a.m.
410 East Belt Avenue
Bushnell, FL 33513
Phone: (352) 793-6111
(Pre-registration required)

MARION COUNTY

Marion Senior Services

Services :

- Nutritional Programs
- Transportation
- In-home support
(Including, Adult Day Care, Case Management, Emergency Alerts, Energy Assistance, Homemaker Services, Meals on Wheels, Personal Care, Respite Care, Nutritional Supplement, etc.

1101 SW 20th Court
Ocala, FL 34471
Phone: (352) 620-3501

LAKE COUNTY

Elder Options

Services :

- Elder Helpline -
Get Help: (800) 262-2243
- Elder Abuse Prevention
- Options & Benefits Counseling
- SHINE-Guidance on health insurance
- Saavy Caregiver Training
- Care Transitions Program
- Healthy Aging Classes
- Tele-Talk

100 SW 75th Street, Suite 301
Gainesville, FL 32607
Phone: (800) 262-2243
Fax: (352) 378-1256

BIRTHDAYS

DECEMBER

Rev. Robert Kurber
Rev. John Ryan

JANUARY

Msgr. Manuel Fernandez
Rev. Joseph Roberts
Rev. Nicholas King
Rev. Robert Markunas
Rev. Augustine Clark
Rev. Cromwell Cabrisos

FEBRUARY

Rev. William Hanley
Rev. William Gohring
Rev. Tito Nel Rojas

MARCH

Rev. Andrew Mallick
Msgr. Fabian Gimeno

Let's Celebrate!



PRIEST ORDINATION ANNIVERSARIES

JANUARY

Rev. Franklin Buck	12/1985	38 Years
Rev. Joseph Pinchock	29/1972	51 Years

FEBRUARY

Rev. Thomas McMackin	2/1963	60 Years
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MARCH

Rev. Alvaro Jimenez	18/1984	39 Years
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**ANNIVERSARY OF
DECEASED
PRIESTS**

**A PRIEST
FOREVER**

DECEMBER

Monsignor Vidal Arboleda
 Monsignor William Mullally
 Reverend Stephen Phillips
 Reverend William O'Farrell
 Reverend Vincent Smith
 Reverend Gerard Granahan

JANUARY

Reverend Luiz Bastos
 Reverend James Edwards
 Reverend Hugh Flynn
 Reverend Michael Flynn
 Reverend William Holmes
 Reverend Peter Quinn
 Reverend Michael Reynolds
 Reverend Eamon Tobin
 Reverend Mark Wegg

FEBRUARY

Most Reverend Norbert Dorsey
 Monsignor Edward Thompson
 Reverend Carlos Aizpun
 Reverend Edward Condren
 Reverend Brendan Donnelly
 Reverend Michael Hanrahan
 Reverend Larry Lossing
 Reverend Patrick Malone
 Reverend Anthony Palmese
 Reverend Antonio Pons

MARCH

Reverend James Morgan

A Priest

To live in the midst of the world
 without wishing its pleasures;
 To be a member of each family,
 yet belonging to none;
 To share all suffering;
 to penetrate all secrets;
 To heal all wounds;
 to go from men to God
 and offer Him their prayers;
 To return from God to men
 to bring pardon and hope;
 To have a heart of fire for Charity,
 and a heart of bronze for Chastity
 To teach and to pardon,
 console and bless always.
 My God, what a life;
 and it is yours,
 O priest of Jesus Christ.

—Lacordaire



